



What is TCS Food?

TCS food is a food that requires Time and Temperature Control for Safety to prevent the growth of pathogens

TCS foods include:

- Milk and dairy products
- Meat: beef, pork and lamb
- Fish
- Shell eggs
- Poultry
- Shellfish and crustaceans
- Baked potato
- Heat treated plant food- rice, beans and vegetables
- Tofu and other soy protein
- Sprouts and sprout seeds
- Sliced melons
- Sliced tomatoes
- Cut leafy greens
- Untreated garlic-and- oil mixtures